***Kilcleagh Smoothie!!***

*Great for breakfast of a healthy snack*

**Ingredients:**

227g Strawberries

2 Bananas

500g Natural Yoghurt

2 tsp Vanilla Essence

200 ml milk

**Method:**

1. Place bananas, strawberries & natural yoghurt in blender.
2. Mix until smooth.
3. Add vanilla essence & milk to create the desired texture.
4. Mix well.
5. Pour, serve & enjoy!

